

Appendix B – San Diego Community Resources

Anger Management		
First Avenue	San Diego	619-685-0041
Helping Hand	San Diego	858-279-6721
Schneider Family Services	San Diego	858-538-5587
The Center (LGBTQ)	San Diego	619-692-2077
Child Abuse		
California Child Abuse Hotline		800-344-6000
Child Abduction Unit	San Diego	619-531-4345 FX:619-685-6665
Family Justice Center	1122 Broadway #200 (2nd floor), San Diego	619-533-6012 619-533-6000
San Diego Child Abuse Hotline	San Diego	858-560-2191
Counseling Referrals		
Center for community solutions- Counseling Services	Escondido El Cajon Coastal office	760-747-6282 619-697-7477 858-272-5777
Chadwick Center for children & Families- Trauma Counseling Program	North County San Diego	760-967-7082 858-966-8572
Family Consultation Services	San Diego	619-280-3430
Home Start, Inc.	San Diego	619-692-0727
Jewish Family Services	San Diego	858-674-1123 (seniors) 858-637-3000 (DV)
Little House (support groups)	San Diego	619-447-4380
Neighborhood Healthcare (English/Spanish Counseling)	Escondido	760-746-5857
North County Lifeline- Counseling Services	Vista	760-726-4900

	Oceanside	760-757-0118
Palomar Family Counseling	Escondido Poway Vista Vista	760-231-7407 858-748-3610 760-630-3505 760-731-3235
Project Sarah	San Diego	858-637-3200
San Diego LGBT Community Center	San Diego	619-692-2077 ext. 208

Women's Resource Center	Oceanside	760-757-3500
YWCA-Battered Women's Services	San Diego	619-234-3164 619-239-0355 ext. 221

Drug and Alcohol (under the influence)

Access & Crisis Line		888-724-7240
Alcoholics Anonymous	San Diego	619-265-8762
Crash	San Diego	619-233-8054 619-229-8201
Crossroads Foundation (women, alcohol)	San Diego	619-296-1151
House of Metamorphosis (primarily women)	San Diego	619-236-9492
McAllister	Oceanside Lemon Grove El Cajon	619-440-4801 760-721-2781 619-466-9274 619-442-0277
Narcotics Anonymous	San Diego	619-584-1007
Serenity House Outpatient: 130 S. Fig St. Residential: 1341 N. Escondido Blvd	Escondido	760-741-5098 (outpatient prog.) FX: 760-432-4295 760-747-1015 (office) 760-740-2612 (fax)
Turning Point Home of S.D. (women, alcohol)	San Diego	619-233-0067

Food, Clothing & Transportation

Bethlehem House	El Cajon	619-401-5278
Brother Benno's Foundation	Oceanside	760-439-1244
Catholic charities: Emergency Assistance Program	San Diego	619-231-2828

CRC		877-633-1112
Feeding America San Diego	San Diego	858-452-3663
INFOLINE		211 or 858-300-1211
Interfaith Community Services	Escondido	760-489-6380
Jewish Family Services- Project SARAH	San Diego	858-637-3200
North county Lifeline	Vista Oceanside	760-726-4900 760-757-0118
Salvation Army Family Services	Escondido San Diego	760-745-8685 619-699-2200
San Diego Food Bank	San Diego	858-527-1419
Traveler's Aid Society	San Diego	619-295-8393
Women, Infants and Children	Escondido	760-471-2743 888-477-6333
Homeless Shelters		
Brother Bennos – no males	Oceanside	760-439-1244
Casa Nueva Vida	Chula Vista	800-640-2933/ 619-420-3620
CRC (Interfaith Shelter Network) –winter shelter	North County	760-753-8300
Dreams for Change/Safe Parking Program	San Diego	766 28 th St, San Diego 345 5 th Ave, Chula Vista 1010 Crestview Rd, Vista
House of Hope	El Centro	760-352-1182
Infoline (Shelter Referrals) Dial 211	San Diego	1-800-227-0997
Interfaith Merle's Place	Escondido	760-489-6380
La Posada de Guadalupe	Carlsbad	760-929-2322
Martha and Mary House	Oceanside	760-439-1244 est. 109
Maternity Shelter Program	San Diego	619-692-0727 ext. 117
Neil Good Center 8 a.m.- 4:00 p.m.	San Diego	619-234-3041
Nueva Vida Haven	San Diego	888-737-3728/619-819-1844

Operation Hope -123 w. Orange Ave- No singles	Vista	Screening between 6-7:45 p.m.
Rachel's Women's Center – Day/Night/ No Kids	San Diego	619-696-0873
Salvation Army	San Diego	619-699-2200
San Diego Rescue Mission	San Diego	619-687-3720
Serenity House	Escondido	760-747-1015 760-741-5098 (outpatient prog.)
St. Vincent de Paul	San Diego	619-233-8500
Trinity House (Transitional Homeless)	National City	619-477-7155
United States Mission	San Diego	619-263-7003
Volunteers of America	San Diego	619-447-2428

Hotlines (24 Hours)		
DV LINKS		888-385-4657
YWCA	San Diego	619-234-3164
CRC		877-633-1112
Family Justice Center		866-933-HOPE
INFOLINE		211 or 858-300-1211
California Child Abuse Hotline		800-344-6000
San Diego Child Abuse Hotline	San Diego	858-560-2191
Human Trafficking		
Bilateral Safety Corridor Coalition-Human Trafficking	San Diego	Hotline: 619-666-2757 FX: 619-336-0791
National Human Trafficking Hotline		1-888-373-7888
North County Lifeline- Counseling Services https://www.nclifeline.org/services	Vista Oceanside	760-726-4900 760-757-0118
San Diego Youth Services I CARE: https://sdyouthservices.org/what_we_do/services/i-care/	Point Loma Campus 3255 Wing Street	619- 221-8600

https://sdyouthservices.org/	San Diego, CA 92110	
Immigration		
Access Immigration	San Diego	858-560-0871
Bureau of Citizenship & Immigration Services	Chula Vista	1-800-375-5283 1-800-767-1833
Casa Cornelia Law Center	San Diego	619-231-7788
Family Justice Center	San Diego	619-533-6000
ICWC	San Diego	619-515-2200
Jewish Family Services	San Diego	858-674-1123 (seniors) 858-637-3000 (DV)
La Maestra Legal Advocacy Services	San Diego	619-779-7900 619-280-4213
Legal Aid Foundation of LA	Los Angeles	800-339-4529
Legal Aid Society of SD	San Diego	877-534-2524 Hotline
License to Freedom	El Cajon	619-401-2800
Operation Samahan	National City Mira Mesa	619-474-5567 858-578-4220
San Diego Volunteer Lawyer Program	San Diego	619-235-5656

Legal Services		
Center for Community Solutions	San Diego	858-272-1574
Crisis House	El Cajon	619-444-1194
Family Court Services	San Diego East county	619-450-5200 619-456-4100
Family Justice Center	1122 Broadway # 200 (2 nd Floor) San Diego	619-533-6012 619-533-6000
Legal Aid Society of San Diego	Main Office: 110 S. Euclid Ave, San Diego , CA North County Office: 216 S. Tremont St Oceanside, CA	1-877-534-2524 1-877-534-2524 Toll Free 1-877-735-2929 TTY

San Diego Superior Attorney East County	El Cajon	619-450-5700
SD Volunteer Lawyers	San Diego	619-533-6043
YWCA	San Diego	619-239-0355
Mental Health Crisis Centers		
Crisis House	San Diego	619-444-1194
Halcyon	San Diego	619-579-8685
Isis Center	San Diego	619-575-4687
Jay Barreto	San Diego	619-232-4357
New Vistas	San Diego	619-239-4663
Turning Point	Oceanside	760-439-2800
Vista Balboa	San Diego	619-233-4399
Mental Health Services (outpatient, referrals, case management)		
AXIS Crisis Line		1-800-479-3339
Exodus	Vista	760-758-1150
Friend-a Friend (case management & transitional housing)	4080 Centre St, Suite 104 San Diego	619-955-8217
Mental Health for Vets		1-877-MyUSVET (1-877-698-7838)
Mental Health Services	Escondido	760-747-3424
Mental Health Systems	Oceanside	760-967-4475
Mental Health Systems Escondido- CLUBHOUSE	Escondido	760-737-7125
National Mental Health Hotline		1-888-269-4369
North County Health Services- Meds Eaval	San Marcos	760-736-6767
San Diego Access & Crisis Line	San Diego	1-888-724-7240
San Diego Mental Health- Rosecrans	San Diego	619-692-8200
Synergy Research	San Diego	619-778-7694

Military

Armed Services YMCA	San Diego	858-751-5755
Family Advocacy Center	San Diego	619-556-8809
Fleet and Family Support Center	San Diego	619-556-7404
Military Family Liaison		866-933-4673
Interpreter		
Interpreter		1-800-874-9426
Senior Information		
Adult Protection Services		1-800-510-2020
Aging and Independence Svcs- Elder Abuse reporting		800-510-2020 Hotline 800-339-4661 Outside SD
Elder and Advocacy	San Diego El Centro	858-565-1392 760-353-0223
Elder Care Locator		800-677-1116
Elder Help	San Diego	619-284-9281
Elderlink	Escondido	760-670-4748
Gary & Mary West Senior Wellness Center	525 14 th St San Diego	619-235-6572 619-487-0707 Home Meal 619-487-0719 Info & Referral 619-237-8004 Housing
HOPE Team CCS	San Diego	619-533-3508
Jewish Family Services	San Diego	858-637-3040 Intake Line 858-550-5998 University city
Senior Service Counsel	Escondido	760-480-0611

Shelters and Services Emergency Domestic Violence Shelter Programs		
Alternatives to Domestic Violence- Casa de Paz	Riverside	1-800-339-7233 (Crisis Hotline)
Carol's House	San Diego	760-633-1111

Casa de Paz- 30 to 60 days	San Diego	619-234-3168/3164 FX: 619-233-8545
Casa Nueva Vida/Southbay 60 day program	Chula Vista	619-425-7938 800-640-2933 619-420-3620
Catholic Charities Rachel's House	San Diego	619-696-0873 760-929-2322
CRC		877-633-1112
Dreams for Change	San Diego	619-497-0236
DV LINKS	San Diego	1-888-385-4657
Family Justice Center	1122 Broadway # 200 (2 nd Floor) San Diego	619-533-6012 619-533-6000
Hidden Valley House- CCS- up to 30 days	North County	760-480-0055
INFOLINE		211 or 858-300-1211
Jewish Family Services	San Diego	858-674-1123 (seniors) 858-637-3000 (DV)
LIBRE- 30 to 90 days	Encinitas	760-633-1111 FX: 760-942-6091
National Hotline	National	1-800-799-7233
Project Safehouse -CCS- up to 30 days	East County	619-631-6442 FX:619-631-6448
Rancho Santa Fe Animal Shelter	Rancho Santa Fe	760-753-6476
South Bay Community Svc	Confidential	619-420-3620/ 800-640-2933
St. Vincent de Paul's	San Diego	619-233-8500
Women's Resource Center - up to 30 days	Oceanside	760-757-3500 FX: 760-757-0680
YWCA- Becky's House Shelter- up to 30 days	San Diego	619-234-3164
Teen Services		
211 San Diego		211
Alanon/Alteen		888-425-2666

Big Brothers Big Sisters	4305 University Ave., Suite 300, San Diego, CA 92105	858- 536-4900 FX: 858- 536-8255
Boys & Girls Clubs		404 487-5700
Lion's Heart	Carlsbad	800.894.8877 x109
McAlister Institute		619-588-5361
San Diego Youth Services	Point Loma Campus 3255 Wing Street San Diego, CA 92110	619- 221-8600
SDYCS-Storefront	San Diego	619-325-3527
Teen Challenge International	San Diego	619-265-0337
YMCA		1-800-872-9622
Transitional Housing Programs		
Big Sister Home- Housing-single women w/mental health	San Diego	619-297-1172 FX: 619-269-1098 619-692-1485 (Emergency. Shelter)
Casa Nueva Vida	Chula Vista	619-425-7938 / 619-420-3620
Center for Community Solutions- Next Step	San Diego	619-631-6442 (East) 760-480-0055 (North)
Community Resource Center - 18 Months	Encinitas	760-633-1111 760-815-9587
CRC		877-633-1112
Crisis House Transitional- families	San Diego	619-444-1194 FX: 619-444-1422
Door of Hope- 12 months, women with children	San Diego	858-279-1100
El Nido- 12 months - Families	San Diego	619-563-9878 FX: 619-563-6496
House of Hope	El Centro	760-352-1182
Interfaith Shelter Program	North County	760-489-6380
Julian's Sanctuary/Anchorage (Becky's House) 18 months	San Diego	619-523-6060 619-239-0355

North County- Solutions for Change- Homeless families	Vista	760-941-6545 FX:760-940-1441
Women's Resource Center - 24 months Families	Oceanside	760-757-3500
YWCA- Becky's House - 18 months- families	San Diego	619-239-0355 FX: 619-515-0988
YWCA- Passages -single women only	San Diego	619-239-0355
YWCA- WIT Program - single women only	San Diego	619-239-0355
YWCA-Cortez Hill- Families	San Diego	619-531-8937 ext. 302 FX:619-531-8872